Trapezium Wrist Rest Standard

Unique design: Trapezium form follows the natural arm and wrist position

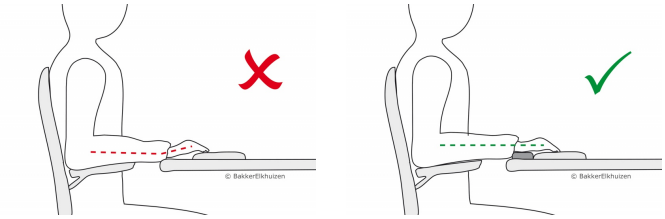
Hygienic: antibacterial technology

Comfortable: soft and firm cushioning gel supports wrists

Ergonomic: keeps your wrist in line with hand and arm

Size: 49 cm wide is ideal for full-size keyboards (33 cm wide for compact keyboards also available)

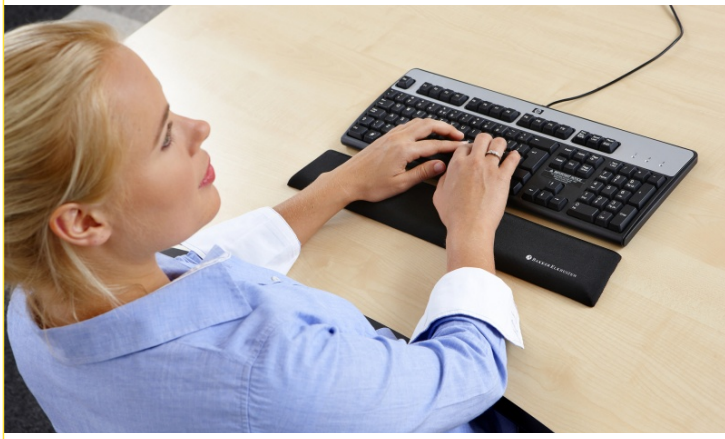
Eco: recycled material



Specifications

Dimensions:	490 x 15 x 80 mm (W x D x H)
Weight:	490 g
Product code:	BNETWRS

Research
A too soft wrist rest can result in fixation of the wrist, which in turn results in even greater muscle strain. Holding one's wrist at the right height is important, it must be kept as level as possible with the keyboard. This keeps the wrist posture most neutral.



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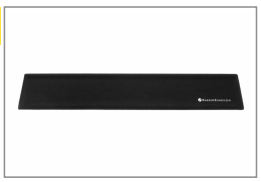
1. with standard keyboard

2. robust, yet comfortable

2 

Health & Safety Regulations
When working with a keyboard and mouse it is important that the arm is sufficiently supported. This can be done by using a good armrest on the desk chair or a separate armrest. A armrest reduces muscle tension in one's arm and shoulder and promotes comfort. A wrist support helps to keep the wrist straight during typing and can be used "to rest" for a moment during one's work.

BAKKER ELKHUIZEN